**Looping Objects**

**A screenshot of a computer

Description automatically generated with medium confidence**Object.keys/values() used to extract array of keys or values of any object.

For of loop used to loop through keys/values array to extract each value

Object.entries creates a large array containg sub arrays of keys and values

Graphical user interface, application, Teams

Description automatically generatedKey and values can be obtained from de-structing during a for of loop call, so each key/value can be logged to the console